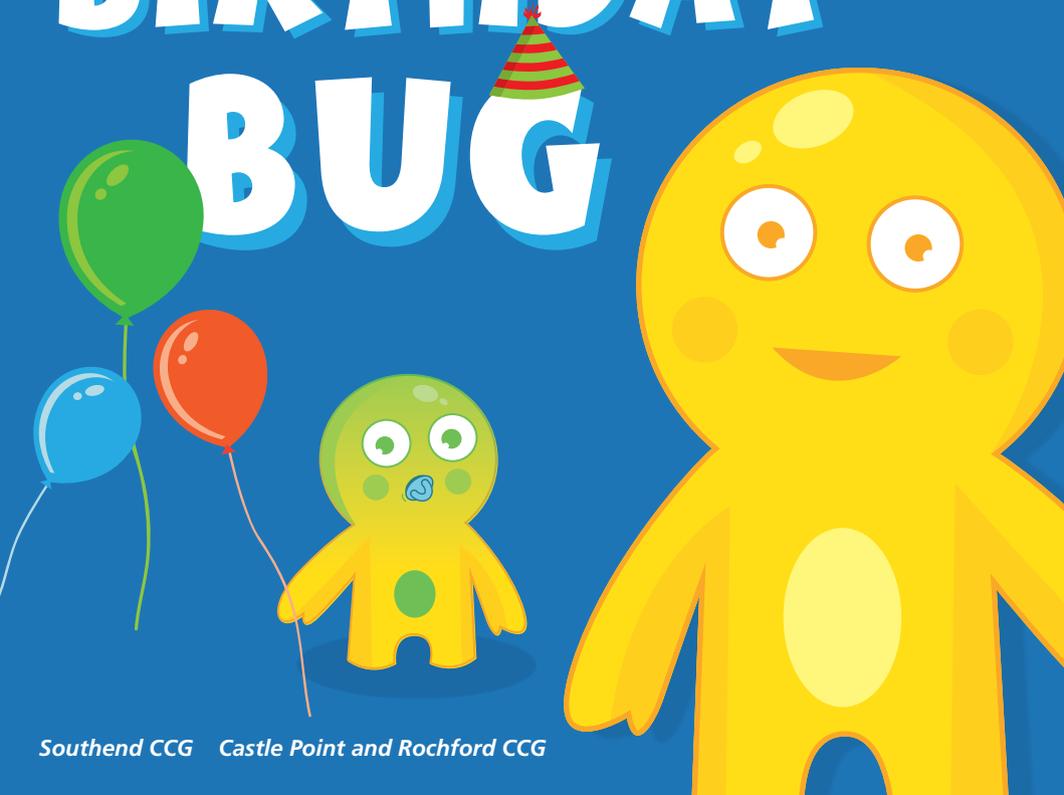


# THE BIRTHDAY BUG



*Southend Clinical Commissioning Group  
Castle Point and Rochford Clinical Commissioning Group*



# THE BIRTHDAY BUG



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created by **stormcreative.**

with thanks to  **DB Print**  
Southend

***Sonny was so excited!***

He was having a birthday party on Saturday and today was the day he got to give out the invitations.





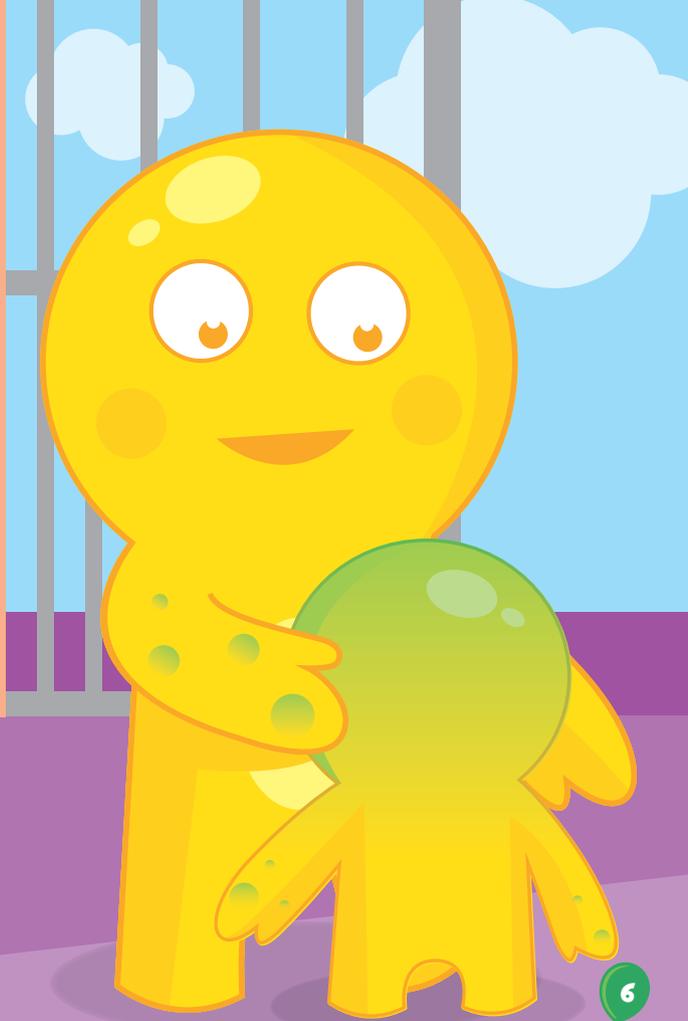
***"I can't wait for  
my birthday..."***



*"Bye, bye!"*

At the school gates, Sonny said goodbye to his mummy and little brother.

Sonny gave his little brother an extra big hug because he was feeling poorly.



**WASH  
YOUR HANDS**



*“Uh-oh!”*



Sonny was in such a rush to give his friends their invitations, he forgot to wash his hands before breakfast club.

He handed out invitations to each of his friends before gobbling down his jam on toast.

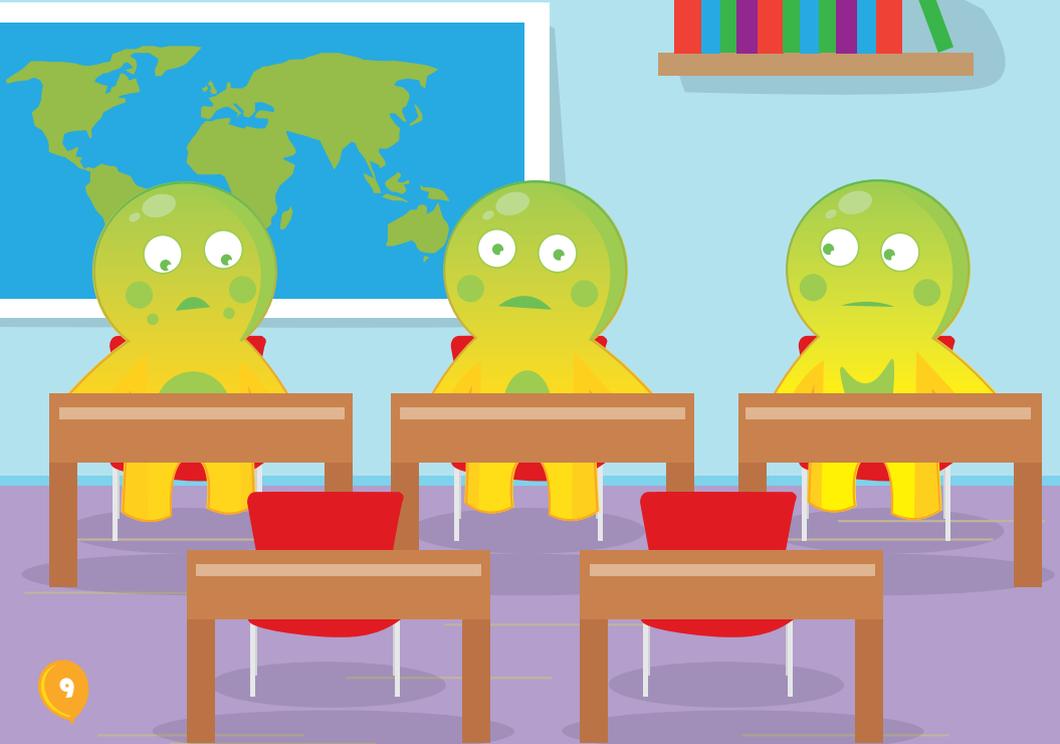
YELLOW SCHOOL  
**BREAKFAST CLUB**

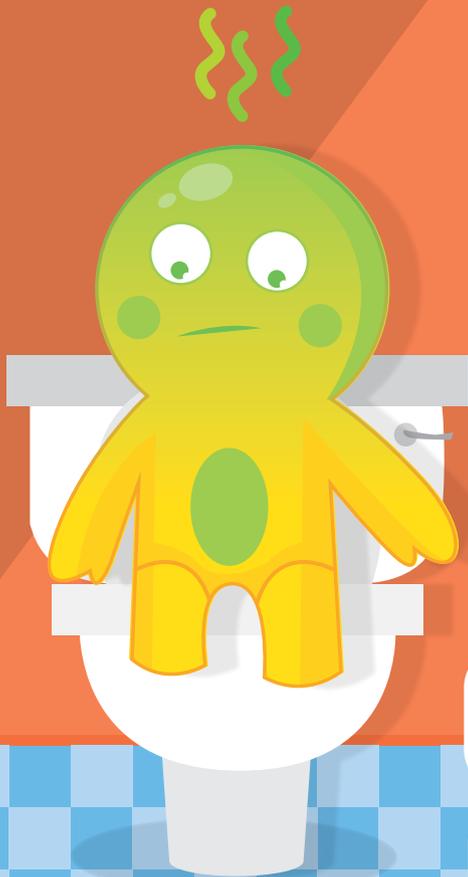
— TOAST —  
— CEREAL —  
— EGGS —  
— MILK —

*“Gobble, gobble!”*



In the afternoon Sonny wasn't feeling very well. Neither were any of his friends.





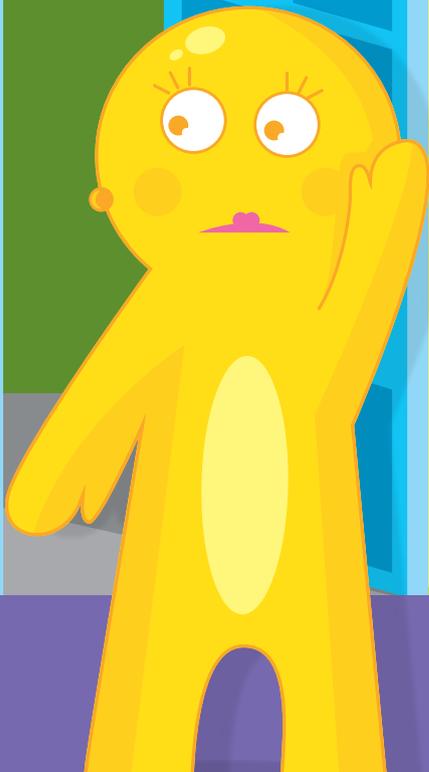
Sonny didn't leave the toilet  
for a whole hour that night!

He felt terrible.

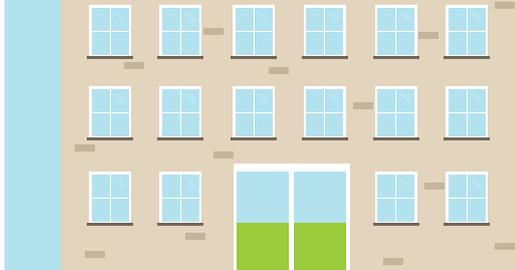
Sonny's mummy was really worried. She wanted to take Sonny to A&E but Sonny's daddy had the car. Maybe clever Auntie Amber could help...



*"I think I will call  
Auntie Amber"*



**A&E**



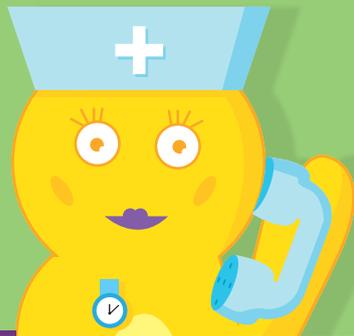
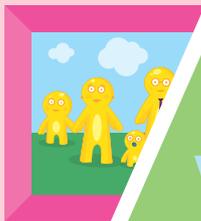
*"Meow!"*



*"Oh no, you might not need to take Sonny to A&E! You need to ring 111, they're medical experts and they'll know what to do!"* said Auntie Amber.



When Sonny's mummy rang 111 she spoke to a very friendly nurse. The nurse told her home was the best place for Sonny and with plenty of rest he would get better.



**NHS**

**CALL  
111**

Sonny's mummy was so happy!

She didn't have to wait for hours in A&E, Sonny would be better soon and his party could still go ahead.





As she put him to bed, Sonny thought about how lucky he was to have such a wonderful and caring mummy.

*“Thank you mummy.”*

But his mummy couldn't help but wonder how her brave little boy had become so ill.



Maybe he caught it from his brother? Or maybe he didn't wash his hands properly?



*“Mummy, mummy, what about all my friends?”*

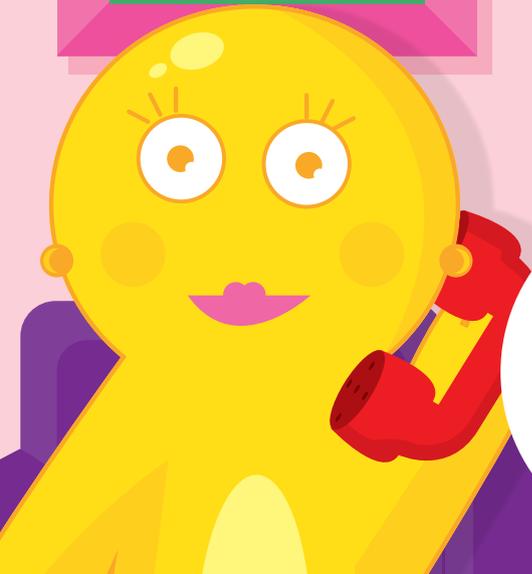
... said Sonny the following morning.  
“They’re all ill too and won’t be able to come to my party. It won’t be any fun without my friends there!”

**YELLOW  
CRUNCH**

Crunch on your yellow crunch...

Sonny's mummy made sure all her friends knew how to make their kids feel better and told them about this new 111 service that was so helpful.





By Friday Sonny was fit,  
healthy and back at school,  
and so were all his friends.

Everyone was really excited  
for the big party tomorrow.

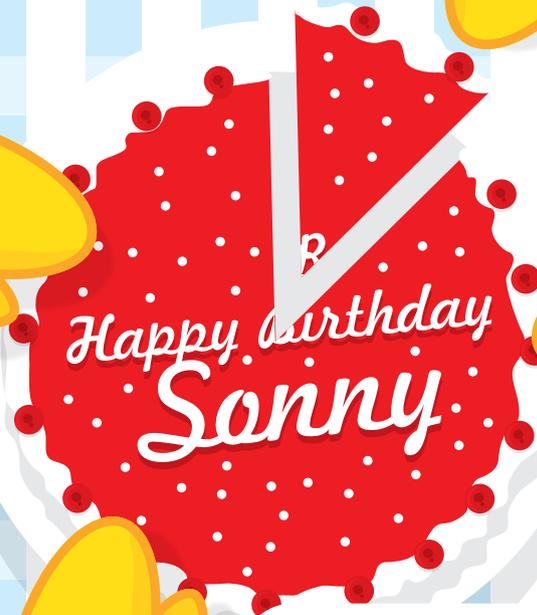


It was Saturday and everyone was round Sonny's house to celebrate his birthday.

BIRTHDAY SONNY



They were all about to tuck into some birthday cake when Sonny yelled...



***“STOP! We haven’t washed our hands and we don’t want to get ill again”.***

So Sonny waited by the sink to make sure everyone cleaned their hands properly using soap and water.



HAPPY BIRTHDAY SONNY



Finally it was time to eat Sonny's birthday cake.



*Yum! It was delicious.*

# Uh-oh!

It's the weekend before Sonny's birthday and he's not feeling well at all.



Will he be better in time for the big day?

Read this fun, informative book to learn how Sonny's mummy used 111 to find the best treatment and see if the party went ahead.

